

# **THE INSTITUTE OF HYPNOTHERAPY**

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## ***Spiritual Hypno-therapies***

**(1-Day) WORKSHOP Fee: \$235**

FOR THOSE LOOKING TO EXPLORE DEEPER INTO THEIR SOUL

*Spiritual Hypnotherapy for spiritual purposes pertaining to the Soul*

**This workshop** is for you to learn how to incorporate **SPIRITUAL HYPNOTHERAPY** within your practice and take your clients to the fifth dimension and higher. Transpersonal or Spiritual Hypnotherapy helps you explore the possibility that within each one of us is an inner wisdom and intuition that can guide us through our life experiences. Believing that when we connect Spiritually to a higher awareness we can transform and create the life we envision for ourselves. Spiritual Hypnotherapy allows one to access the deepest level of intention-the INTENTION of our SOUL. Providing profound insights and life transforming results.

This expression of hypnotherapy takes you on a journey into the deepest part of your soul, connecting with your higher-self. The purpose for healing at the physical, mental, SPIRITUAL, mind, body and spirit levels. Learning the purpose of which you came into this life, creating awareness for a meaningful existence in this universe.

Spiritual Hypnotherapy is just as important as Clinical Hypnotherapy. Spiritual Hypnotherapy for balance and to make the necessary changes for the soul to learn, grow and evolve.

SPIRITUAL HYPNOTHERAPIES for:

- Past Life Regression-(Reincarnation) Explore your past lives
- Higher Guidance and Wisdom
- Direction on Your True Path
- Deep SOUL-Energy Healing
- Clearing & Cleansing of Negativity/Blockers
- Akashic Records-Discover your book of lives
- Soul Realignment
- Angel/Spirit Guide Communication-Meet your Angels, Spirit Guides and receive messages
- Astral Projection (OBE-Outer Body Experience)
- Future Life Progression
- Chakra Balancing-Balance-cleanse-align your chakras (Can be done with Reiki)
- Healing with White Light
- Strengthening your Auric Shield
- Universal Laws-Creating miracles in your life
- Hypno-Mediumship- Communicate with departed loved ones
- Releasing “Discarnate Souls”
- Grief Recovery